



# McKenzie Weekly

Friday, May 22, 2026



McKenzie Elementary School wishes to recognize and acknowledge the Esquimalt and Songhees Nations, on whose traditional territories, we live, we learn, we play, and we do our work.

## Administrators' Message:

Another short but very busy week at McKenzie!

On Wednesday, we were delighted to enjoy a delicious lunch generously provided by the Greek Festival Society. During our special thank-you assembly, the Society also presented the school with an incredibly generous donation of \$3,500. Students helped express our appreciation in many meaningful ways: Division 9 and the Dance Club performed dances they had learned, Division 8 created thoughtful thank-you cards, and our Grade 4 students designed beautiful posters of gratitude.

On Thursday morning, we warmly welcomed our incoming Kindergarten students; the Class of 2039! We are excited to welcome more than 45 new Kindergarten students to McKenzie next year. It's hard to believe that next week already brings the final days of May, along with the annual track meet for the McKenzie Track Team. June is just around the corner!

*Ms. Carmen & Mrs. Beattie*

## Mark your calendar:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>May. 25</b>  Popsicle sale after school  	<b>May. 26</b>	<b>May. 27</b>  Track & Field Zone Meet	<b>Mar. 28</b>  Div. 10 Swan Lake Fieldtrip (12:30- 1:30)  Track & Field City Finals (PM- Zone meet result dependent)	<b>May. 29</b>

## UPCOMING DATES TO NOTE:

- June 5<sup>th</sup> - Grade 4 & 5 Pickleball tournament (all day)
- June 5<sup>th</sup> - Div. 4 & 10 Gyro Park Beach Fieldtrip (9:15am-1:00pm)
- June 9<sup>th</sup> - Div. 5 Elk Lake Fieldtrip (9:30am-12:00pm)
- June 10<sup>th</sup> - PAC Meeting (Hybrid @ 6:30pm)
- June 16<sup>th</sup> - Choir @ Glanford (1 pm rehearsal, 5:45pm performance)
- June 17<sup>th</sup> - Parent Appreciation Drive Thru (Coffee & Treats 8 - 9 am)
- June 19<sup>th</sup> - PAC Hot Lunch (Subway & Sushi - **order deadline June 14<sup>th</sup>**)
- June 19<sup>th</sup> - Kindergarten Celebration of Learning
- June 22<sup>nd</sup> - Grade 5 Ceremony (a.m.)
- June 22<sup>nd</sup> - Kindergarten hosts Donuts for Dad
- June 23<sup>rd</sup> - Whole School Fieldtrip to Beckwith Park
- June 24<sup>th</sup> - Year End Fun Day (p.m.)
- June 25<sup>th</sup> - **Last Day of School** & Learning Updates posted

### June Diversity, Equity & Inclusion Calendar

National Indigenous History Month

Filipino Heritage Month

Italian Heritage Month

Portuguese Heritage Month

Pride Season

May 24-30. National AccessAbility Week

May 26/27. Eid-al-Adha

June 1 Global Day of Parents

June 19 Juneteenth

June 20 World Refugee Day & June Solstice

June 21 National Indigenous Peoples Day

June 27 Canadian Multiculturalism Day

June 28 Constitution Day (Ukraine)

# MCKENZIE THIS WEEK:

A heartfelt thank you to the Greek Festival Society for treating our students and staff to a delicious and healthy Greek feast. We are incredibly grateful for the opportunity to experience and enjoy such warm Greek hospitality.

We would also like to sincerely thank Greek Fest Victoria for their generous donation of \$3,500 to support programs at McKenzie Elementary. Your kindness and community spirit are truly appreciated.

As a token of our gratitude, many students dressed in blue and white to celebrate Greek culture, Division 8 created thoughtful thank-you cards, and our Grade 4 students in Divisions 1, 2, and 3 designed beautiful posters. We were also delighted to share dance performances from Division 9 and our Dance Club.

Thank you, Greek Festival Society, for your generosity, support, and for making this such a memorable experience for our school community!





## Parking Update:



Recently, our supervisors have observed an increase in unsafe parking practices during pickup and drop-off times, including stopping in front of fire hydrants, parking in no-parking zones, and parking against the direction of traffic. We kindly remind all parents and caregivers to follow parking regulations outlined in the BC Motor Vehicle Act and to observe all posted signage.

**Your cooperation is essential in helping keep students, families, staff, and the wider community safe during these busy times. We have also received regular concerns from neighbours regarding unsafe parking in front of their homes, and we appreciate everyone's support in respecting local parking laws and community spaces.**

### 2025-26 SCHOOL GROWTH PLAN FOR MCKENZIE SCHOOL:

**SOCIAL EMOTIONAL LEARNING GOAL:** As a staff and community, we will provide students with opportunities to improve or increase their sense of belonging at school.

**LITERACY GOAL:** To improve writing through more explicit, tactile, and oral language pre-writing strategies.

## PAC INFORMATION:

**FREE PARENT EDUCATION SESSION**  
**SLEEP & SCREENS**  
 Wednesday, May 13, 2026 7 - 8 PM  
 Online via Teams No registration required.  
 Webinar Link: <https://teams.microsoft.com/join/2325827799822472p3>

**PARENTS/CAREGIVERS WILL LEARN**

- The importance of sleep for good health
- Impacts of screen use on sleep
- Practical strategies for healthy sleep and screen use

Hosted by: Alicia Parayno, School Health Promoter  
 Healthy Schools | Island Health

McKenzie Elementary

Did you miss last week's parent education session on Sleep and Screens from Island Health?

Here is a link to the recording:

[https://drive.google.com/file/d/1djTEp7aj252rRmck9CIIdh0SR6GqaSYwK/view?usp=drive\\_link](https://drive.google.com/file/d/1djTEp7aj252rRmck9CIIdh0SR6GqaSYwK/view?usp=drive_link)

And here is a viewable link to the slide deck on canva: <https://canva.link/u79zkng54lkb7vz>

### **Saanich Child and Youth Mental Health**

Child, Youth and Family Mental Health Services offers a range of services including short-term crisis intervention, multidisciplinary assessment and treatment and in-patient assessment and treatment planning. Our services are client centered, trauma-informed, least restrictive and collaborative.

[Resources for Children & Youth Mental Health | Island Health](#)

### **Indigenous Child and Youth Mental Health**

We offer free mental health and wellness services for Indigenous children, youth and their families. We strive to offer services that are respectful of your culture and traditions as well as respecting traditional healing.

[Indigenous Child & Youth Mental Health \(CYMH\) Services - Province of British Columbia](#)

**Mountain West Studios will be hosting a community photo session for students who may have missed the opportunity to have photos taken or would like a retake.**

**Date:** Friday, May 29, 2026

*\*we kindly ask that you sign up by Monday, May 25*

**Location:** Victoria West Community Centre Reading Room  
521 Craigflower Rd, Victoria

**Sign Up Here:** [Community Retakes - Victoria](#)

**Please note the following regarding your appointment:**

Photo sessions will require a \$20 deposit. You will receive a discount code in the amount of your deposit, which is redeemable towards any purchase. Students will have 2-4 standard school photos taken and uploaded to a personal gallery.

All photos taken at this event are made available for personal purchase and will not be included in school services such as yearbooks if applicable.

If you have any questions, please reach out to Mountain West Studios' customer service team for assistance. Phone: 1.888.644.4494 Email: [help@mountainwest.ca](mailto:help@mountainwest.ca)



**LAST  
CHANCE**

## COMMUNITY OFFERINGS:

**Family Smart - Digital Wellbeing and Mental Health:** As parents, we struggle with balancing our children's time spent in the digital world and what we consider the real world. It's not easy to know how much time spent on technology is too much, and how to set boundaries that don't create conflict. Learn from Dr. Kristy Goodwin, digital wellbeing and productivity researcher, speaker, author and consultant.

Wed. May 27, 6:30 pm - 8:00 pm

**Register:** <https://familysmart.ca/online-events/>

**Watch**

**Now:** <https://youtu.be/oeVSGvi7BKg?si=YrUtTfxBC2ND5Jbp>



## JOIN US FOR A ONE-DAY PARENTING WORKSHOP

**Saturday, May 30, 2026**  
**10 am - 3 pm | \$99.00**

**Fairfield Mental Health**  
1702 Lillian Road, Victoria, BC

For parents of children 6+, including adult children.

Learn **strategies** to help support your children from Emotion-Focused Family Therapy (EFFT).

**Facilitator: Tory Vitaly, MSW, RSW**

- EFFT is an evidence-based practical approach that helps parents and caregivers
- Learn to manage emotional dysregulation, emotional shutdown, anxiety and more
- Presentation with a Q&A
- Supportive space to learn new skills

**How to Register:** Phone 250-507-8363 or book online at [fairfieldpsychology.com](http://fairfieldpsychology.com) (under "Fairfield").





Looking for something to do this summer?

# CHECK OUT OUR SUMMER GUIDE!

We've compiled a curated collection of camps, events, and activities to make summer planning easier for parents. Whether you're looking for full-day camps, creative programs, or something new to try, everything is organized in one place so you can spend less time searching and more time planning a summer they'll love.

Link to ChatterBlock summer event guide:  
[resources.chatterblock.com/static/producton/downloads/summer-program-guide.619d45cac4bc.pdf](https://resources.chatterblock.com/static/producton/downloads/summer-program-guide.619d45cac4bc.pdf)

PROGRAMS FOR ALL AGES, FROM TODDLERS TO TEENS  
SPORTS, STEM, ART, DANCE, AND MORE!  
FULL DAY, HALF DAY, AND FLEXIBLE OPTIONS



Scan here to see it!



SAANICH neighbourhood place

**CLOTHING SWAP 2026**

**EVENT:**

Saturday, June 6th  
10:00 AM - 2:00 PM

**PRE-EVENT DROP-OFF:**

Friday, June 5th  
8:00 AM - 6:30 PM

**ADDRESS:**

3120 Tillicum Rd.  
(SNP Child & Family Centre)

**ENTRY:**

By Donation  
(\$5 minimum)

LEFTOVER ITEMS WILL BE DONATED TO:



Swimming Non-profit, child-centred, outdoor-based day camps  
Sports  
Arts & Crafts  
Table Games  
**June 26-September 4, 2026**  
www.RfCamps.com

Forest Exploration  
Playground Games  
Talent Shows  
And much more!