



McKenzie Weekly

Friday, May 15, 2026



McKenzie Elementary School wishes to recognize and acknowledge the Esquimalt and Songhees Nations, on whose traditional territories, we live, we learn, we play, and we do our work.


Administrators' Message:

The Grade 5 students have had a busy week participating in exciting milestones; a celebratory day at Camp Thunderbird and transition afternoons at their future middle schools. These are exciting times for this group of students as they prepare for the next stage of their learning journey.

Today our staff participated in professional development learning as a group and exploring First Peoples Principles of Learning with a focus of Learning on the Land. Our experiences provided meaningful opportunities for reflection, relationship building and deepening our understanding as we continue our commitment to learning and reconciliation. Have a safe and active long weekend filled with family and friends.

Ms. Carmen & Mrs. Beattie

Mark your calendar:

Monday	Tuesday	Wednesday	Thursday	Friday
May. 18 Victoria Day (No School)	May. 19	May. 20 Whole school Greek lunch provided by Vancouver Island Greek Community Society (wear blue and white) 	Mar. 21 Div. 4, 5, 6, 7 Peninsula Stream presentation Welcome To Kindergarten Event (Strong Start Closed)	May. 22 Kindergarten & Gr. 1 Symphony Story Time (9:30am – 10:00am) PAC Hot Lunch Pizza & Sushi

UPCOMING DATES TO NOTE:

- May 25th - Popsicle sale after school
- May 27th – Zone Track Meet (Grade 3, 4, 5 participants)
- May 28th – Div. 10 Swan Lake Fieldtrip (12:30pm-1:30pm)
- May 28th – City Finals (Zone Track Meet result dependent)
- June 5th - Grade 4 & 5 Pickleball tournament (all day)
- June 5th – Div. 4 & 10 Gyro Park Beach Fieldtrip (9:15am-1:00pm)
- June 9th – Div. 5 Elk Lake Fieldtrip (9:30am-12:00pm)
- June 10th – PAC Meeting (Hybrid @ 6:30pm)



May Diversity, Equity & Inclusion Calendar
Asian Heritage Month
Canadian Jewish Heritage Month

18. Victoria Day
24-30. National AccessAbility Week
26/27. Eid-al-Adha

2025-26 SCHOOL GROWTH PLAN FOR MCKENZIE SCHOOL:

SOCIAL EMOTIONAL LEARNING GOAL: As a staff and community, we will provide students with opportunities to improve or increase their sense of belonging at school.

LITERACY GOAL: To improve writing through more explicit, tactile, and oral language pre- writing strategies.

MCKENZIE THIS WEEK:

McKenzie Sports Teams

(coming soon: Track and Field & Pickleball)



thank you

Thank you to the teachers and parent sponsors who make our sports teams possible:

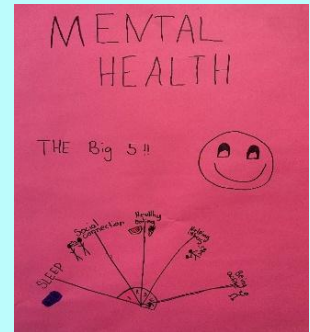
- Mrs. Bushell and Troy Wilson — Basketball
- Mrs. Bushell, Mr. Horwood and Paul Visser — Rugby
- Mrs. Gregson and Mr. Scott — Run Club
- Mrs. Bushell and Mr. Scott — Soccer
- Mrs. Gregson and Mr. Scott – Fall X-Country
- Ms. Sam and Jean Buckler — Swimming



May is Mental Health Awareness Month and classes continue to learn more about resources and tools to support their own mental health.



- Mental Health**
The Big 5
- 1. Sleep**
 - 2. Social Connection**
 - 3. Healthy Eating**
 - 4. Helping Others**
 - 5. Being Active**



Our school district site has a multitude of resources that can be used to support Social Emotional Learning at home as well.

Please see the following link for access:

<https://healthyschools.sd61.bc.ca/resources-links/social-emotional-learning/>

Young Entrepreneur Update

As part of the student's business plans, students who made a profit are required to donate a minimum of 10% of the profits to charity. This year, our division 1, 2 and 3 students raised a total of \$578.50 for charities. Donations have been pooled for the selected charities, and donations will be made on behalf of McKenzie students. Thank you for supporting our Young Entrepreneurs!

PAC INFORMATION:

Mom's Against Racism

Moms Against Racism Canada, a federally registered non-profit, was created in 2020 as a safe, brave space for Moms, and those in mothering roles, to root out racist biases and learn how to raise anti-racist children.

We are inclusive to all "mother individuals" whether by birthing, biological, adoption, foster, surrogate, non-binary, two-spirited, LGBTQI+, godmothers, grandmothers, aunts, primary caregivers, educators, and all others who feel the term "mothering" describes their roles.

Join us/learn about what we do:

<https://www.momsagainstracism.ca/>

PAC HOT LUNCH

Friday, May 22 is our next special food day for Pizza and Sushi.

Order deadline is Sunday, May 17thth



To order, visit www.mckenzie.hotlunches.net

Questions? mckenziehotlunch@gmail.com



Mountain West Studios will be hosting a community photo session for students who may have missed the opportunity to have photos taken or would like a retake.

Date: Friday, May 29, 2026

**we kindly ask that you sign up by Monday, May 25*

Location: Victoria West Community Centre Reading Room
521 Craigflower Rd, Victoria



Sign Up Here: [Community Retakes - Victoria](#)

Please note the following regarding your appointment:

Photo sessions will require a \$20 deposit. You will receive a discount code in the amount of your deposit, which is redeemable towards any purchase. Students will have 2-4 standard school photos taken and uploaded to a personal gallery.

All photos taken at this event are made available for personal purchase and will not be included in school services such as yearbooks if applicable.

If you have any questions, please reach out to Mountain West Studios' customer service team for assistance. Phone: 1.888.644.4494 Email: help@mountainwest.ca

Family Smart: Digital Wellbeing and Mental Health

As parents, we struggle with balancing our children's time spent in the digital world and what we consider the real world. It's not easy to know how much time spent on technology is too much, and how to set boundaries that don't create conflict. Learn from Dr. Kristy Goodwin, digital wellbeing and productivity researcher, speaker, author and consultant.

Join Us:

Tues. May 19, 6:30 pm - 8:00 pm

Thurs. May 21, 6:30 pm - 8:00 pm

Wed. May 27, 6:30 pm - 8:00 pm

Register: <https://familysmart.ca/online-events/>

Watch Now: <https://youtu.be/oeVSgvi7BKg?si=YrUtTfxBC2ND5Jbp>

COMMUNITY OFFERINGS:

Family Smart - Digital Wellbeing and Mental Health: As parents, we struggle with balancing our children's time spent in the digital world and what we consider the real world. It's not easy to know how much time spent on technology is too much, and how to set boundaries that don't create conflict. Learn from Dr. Kristy Goodwin, digital wellbeing and productivity researcher, speaker, author and consultant.

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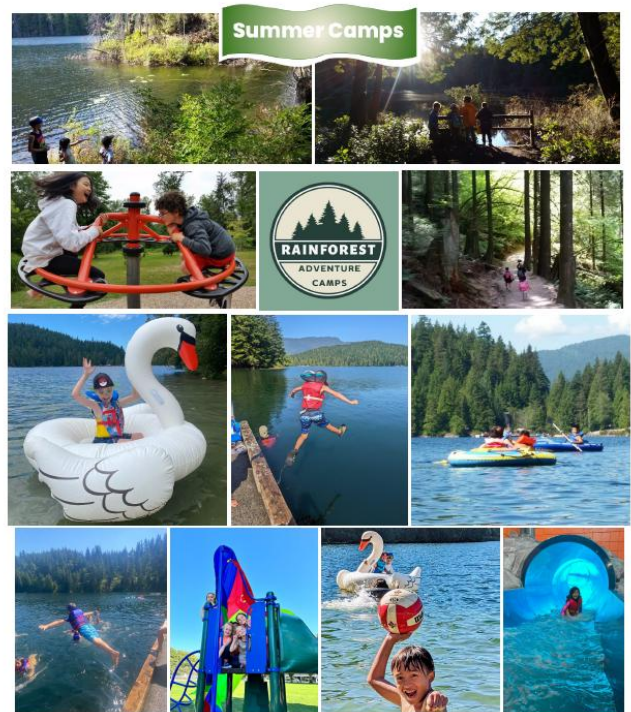


Speedcubing Canada

Do you have a child that loves rubik's cubes?
There is a local event coming up in Esquimalt.

Check out this event/register:

[World Cube Association](#)



Non-profit, child-centred, outdoor-based day camps
June 26-September 4, 2026
www.RfCamps.com

- ✦ Swimming
- ✦ Sports
- ✦ Forest Exploration
- ✦ Arts & Crafts
- ✦ Table Games
- ✦ Playground Games
- ✦ Talent Shows
- ✦ And much more!



EVENT:

Saturday, June 6th
10:00 AM - 2:00 PM

PRE-EVENT DROP-OFF:

Friday, June 5th
8:00 AM - 6:30 PM

ADDRESS:

3120 Tillicum Rd.
(SNP Child & Family Centre)

ENTRY:

By Donation
(\$5 minimum)

**LEFTOVER ITEMS WILL
BE DONATED TO:**

