



# McKenzie Weekly



Friday, February 27, 2026

McKenzie Elementary School wishes to recognize and acknowledge the Esquimalt and Songhees Nations, on whose traditional territories, we live, we learn, we play, and we do our work.

## Administrators' Message:

We are ready to say Goodbye to February and Hello to March - and hopefully that means warmer days soon too. It was indoor curling week in the gym this week, the basketball team had a successful game and bake sale event, 100th day fun in kindergarten, and it was a sea of pink on Wednesday for our Pink Shirt Kindness Day and Assembly! What a great way to close out February.

We welcome back Courtney Dorman, our School Speech and Language teacher, who returned from her maternity leave! We also wish a Congratulations to Mrs. McGregor and her family. They welcomed baby Meredith on Monday, February 23rd. Everyone is doing well.

We hope you get out in nature over the weekend. See you on Monday.

*Ms. Carmen & Mrs. Beattie*

## Mark your calendar:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Mar. 2</b> Div. 4 Diving Fieldtrip	<b>Mar. 3</b> Div. 2 Walking Tour Fieldtrip	<b>Mar. 4</b>	<b>Mar. 5</b>	<b>Mar. 6</b>

## UPCOMING DATES TO NOTE:

- Mar. 1<sup>st</sup> – McKenzie Swim Team – Final Meet @ SCP
- Mar. 9<sup>th</sup> – Jump Rope for Heart
- Mar. 11<sup>th</sup> – Div. 7 & 8 Observatory fieldtrip
- Mar. 13<sup>th</sup> – PAC Hot Lunch & Learning Updates “Live”
- Mar. 16<sup>th</sup>- 27<sup>th</sup> – Spring Break (no school)
- Mar. 30<sup>th</sup> – School reopens after Spring Break

## March 2026 – Black History Month

### GVSD#61 Diversity, Equity & Inclusion Calendar

- 4 – Holi
- 8 – International Women’s Day
- 17 - St. Patrick’s Day
- 19/20 – Eid al-Fitr
- 20 – March Equinox
- 21 – International Day of the Elimination of Racial Discrimination
- 21 – World Down Syndrome Day
- 31 – Indigenous Languages Day
- 31 – Transgender Day of Visibility

## 2025-26 SCHOOL GROWTH PLAN FOR MCKENZIE SCHOOL:

**SOCIAL EMOTIONAL LEARNING GOAL:** As a staff and community, we will provide students with opportunities to improve or increase their sense of belonging at school.

**LITERACY GOAL:** To improve writing through more explicit, tactile, and oral language pre- writing strategies.

## McKenzie This Week:

Kindergarten students celebrated 100 days of school dressed as 100 year old's.



# February 25<sup>th</sup> – Pink Shirt Day



it's  
COOL  
to be  
KIND



CHOOSE  
Kindness

## **McKenzie Run Club**

We are excited to share that McKenzie Elementary Run Club will begin on **Friday, March 6<sup>th</sup>**! Our Run Club will meet Friday mornings from 8:10- 8:35am until Friday, April 24<sup>th</sup>. Our school team will also be taking part in the **TC10k** and the **Thrifty Foods 1.5km Family Fun Run on Sunday, April 26<sup>th</sup>, 2026**, with discounted team registration available.

Please find information about practices, race registration and permission form below:

### **[McKenzie Run Club Information & Permission Form](#)**



Thank you to all the families who donated baked goods and to everyone who came out to support our bake sale. We are also incredibly grateful to Country Grocer for generously donating \$150.00 toward our fundraiser.

The positive energy and support shown while lifting up our coach was truly magical. We are so thankful for this amazing community and for everyone who contributed to making our fundraiser a success.

With gratitude,  
The McKenzie Basketball Team

Please look in the next newsletter for total funds donated\*



# 1000X5



1000 Books by Age Five  
Children's Book Recycling Project Greater Victoria

1000X5 would love books from your spring cleaning

15years: 380,000 books

1000 babies and preschoolers/month receive a gift bag of 3 books. Currently we are running a bit short of the demand for books.

Please check the corners of your house and continue to donate books into the pink bin by our community bulletin board.

## JUMP ROPE FOR HEART ON MARCH 9th

Our school is excited to participate in Jump Rope for Heart this year! Students will discover fun ways to get active, practice healthy habits and learn about helping others while raising money to beat heart and stroke. Students will join more that 850, 000 kids moving to a healthier future each year across Canada. Plus, their fundraising will help save lives and beat heart disease and stroke. Click on the link below, register your student under McKenzie Elementary School – Victoria, and spread the word.

### Jump Rope for Heart Fundraiser Link



Presenting Partner  
**Desjardins**

**Mckenzie Elementary School - Victoria**

**is joining the fight to beat heart disease and stroke.**

Our school is proud to be participating in Heart & Stroke's Jump Rope for Heart program!

**Why it matters:**

- Students get active and have fun at school on their Event Day.
- Students learn life-long healthy habits.
- Together, we raise funds to support lifesaving heart and brain research.

**Scan to support**

**Jump in and make a difference!**  
To learn more about promotions, healthy habits and your impact visit [jumpropeforheart.ca](http://jumpropeforheart.ca)

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## PAC:



### HELPING KIDS BUILD HEALTHY FRIENDSHIPS

We are pleased to host Dr. Allison Rees for a parent education session on helping children build strong relationship skills. This presentation explores how children experience friendships through their nervous systems, communication, and boundaries. Parents will learn how to support children in understanding feelings, navigating peer challenges, and repairing misunderstandings, with a focus on skills, emotional safety, and connection rather than labels.

March 9, 2026 at 7:00 PM  
Strawberry Vale Elementary - Music Room  
4109 Rosedale Avenue  
Register to attend in-person or online at:  
<https://forms.gle/n4c7xLmu1xNC3CHd8>

**erase** | EXPECT RESPECT &  
A SAFE EDUCATION

Information for Parents and Caregivers

### Resources to support you and your child



#### Register for free training

Tips to protect children and youth online



#### Have a conversation

Talk with children and youth about things they may be experiencing

What kind of information can I find on [erase.gov.bc.ca](https://erase.gov.bc.ca)?

- **Practical guidance** to help you support your child's safety and well-being
- **Resources and information about:**
  - Diversity and inclusion
  - Mental health and substance use
  - School and online safety
- **Free training sessions** to help you keep your child safe online
- **Videos** explaining erase, the Report It Tool, and safe, caring and inclusive schools
- **Tips** for bringing concerns to your child's school

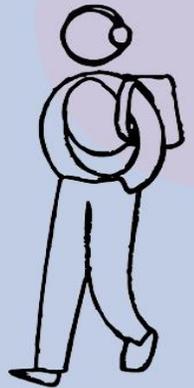
What is the Report It Tool?

**Report It** is an anonymous online tool for students to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at [erase.gov.bc.ca](https://erase.gov.bc.ca).

Questions? Reach out to your school to learn more.



Ministry of  
Education and  
Child Care



## COMMUNITY OFFERINGS:

### Help support kidsFUNd at two new, low-cost swim and skate sessions

Join us for two upcoming, specially priced drop-in sessions to support kidsFUNd in helping low-income Saanich families participate in camps, lessons, social activities, and more. \$3.50 single or \$10 family admission proceeds benefit kidsFUNd directly. Learn more at the link below and mark your calendars.

#### kidsFUNd Skate

Saturday, March 14, from 1:30 to 2:45pm

G.R. Pearkes Recreation Centre

Single admission (skate rentals included): \$3.50

Family admission (skate rentals included): \$10

#### kidsFUNd Swim

Sunday, March 29, from 1 to 4pm

Saanich Commonwealth Place

Single admission: \$3.50

Family admission: \$10

Check out the Saanich Recreation Newsletter for upcoming Spring Break Camps, swimming lessons, and community opportunities.

Link → Saanich Recreation Newsletter



### Outdoor Spring & Summer Programs

Our affordable, year-round educational adventures are all about getting outside to play and explore. Kids build real-life skills, confidence, and a love for nature without even realizing they're learning!

- Hands-on outdoor skills
- Inclusive, supportive environment
- Day, overnight & wilderness options
- New adventures every time!



#### SPRING CAMPS

A fun, inclusive Spring Break adventure where kids build real outdoor skills, confidence, and a lasting connection to nature.

#### SUMMER CAMPS

Campers build self-confidence, independence and resilience through age-appropriate challenges and achievements.



**Come play outside with us!** Pro-D, leadership & custom camps available. Visit [westernadventures.ca](http://westernadventures.ca) or call 250-888-1338 to get started.



## SAVE THE DATE



### 1st Annual Inclusive Sport Festival

A fun, social festival of sport for all children in school districts throughout the South Vancouver Island region that experience a disability or diagnosis.



#### EVENTS INCLUDE:

- Sprints, Throws and Jumps
- Wheelchair sports
- Boccia
- and many more!

For more information, contact [cwright@pise.ca](mailto:cwright@pise.ca)