



McKenzie Weekly



Friday, February 6, 2026

McKenzie Elementary School wishes to recognize and acknowledge the Esquimalt and Songhees Nations, on whose traditional territories, we live, we learn, we play, and we do our work.

Administrators' Message:

What an exciting week we have had! Thank you to all our students and families that were able to join us for our Student Led Conferences, the Art Show, and the Scholastic Book Fair this week. This was an amazing celebration of all the learning and the accomplishments of your children. We also want to acknowledge our very hard-working staff that volunteered extra time to display the art in the gym in such a beautiful manner, help out at the book fair outside of school hours and have lent many helping hands to so many of our school projects, clubs and teams.

We know that costs continue to rise everywhere, and we want to make sure everyone knows that we have a variety of healthy food available for students each morning on the back blacktop and throughout the day just outside of the office.

Let's hope the sunshine lasts over the weekend!

Ms. Carmen & Mrs. Beattie

Mark your calendar:

Monday	Tuesday	Wednesday	Thursday	Friday
Feb. 9 Div. 6 diving field trip	Feb. 10	Feb. 11 PAC Meeting (online)	Feb. 12 Div. 1 Historical walking fieldtrip	Feb. 13 Professional Development Day (No School)

UPCOMING DATES TO NOTE:

- Feb. 8th – Swim Team meet at SCP
- Feb. 9th - Div. 6 diving fieldtrip
- Feb. 11th – PAC Meeting
- Feb 12th – Div. 1 Historical walking fieldtrip
- Feb. 13th – Professional Development Day **(no school)**
- Feb. 16th – Family Day **(no school)**
- Feb. 18th – Grade 4 Symphony Concert fieldtrip
- Feb. 20th – PAC Hot Lunch (subway & sushi)

February 2026 – Black History Month GVSD#61 Diversity, Equity & Inclusion Calendar

- 11 -International Day of Women and Girls in Science
- 14 – Women’s Memorial March
- 14 – Valentines Day
- 16 – Family Day
- 16-22 - Heritage Week
- 17 – Lunar New Year
- 17/18 – Ramadan
- 25 – Pink Shirt Day
- 28 – Rare Disease Day



2025-26 SCHOOL GROWTH PLAN FOR MCKENZIE SCHOOL:

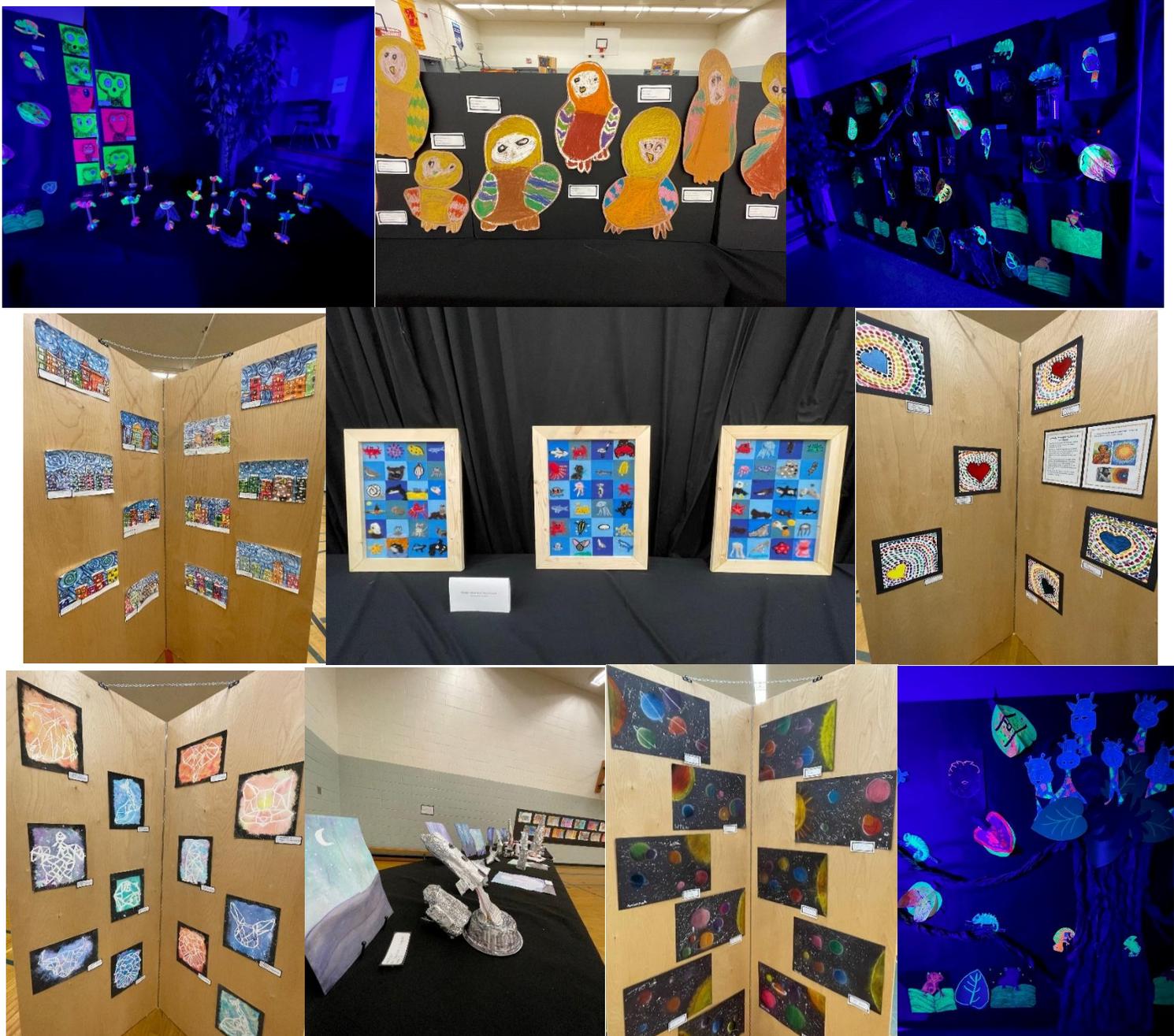
SOCIAL EMOTIONAL LEARNING GOAL: As a staff and community, we will provide students with opportunities to improve or increase their sense of belonging at school.

LITERACY GOAL: To improve writing through more explicit, tactile, and oral language pre-writing strategies.

MCKENZIE THIS WEEK:

The McKenzie Art Showcase:

We were so excited to welcome so many families to the McKenzie Area Showcase! The Black Light Jungle room was a huge hit, and we hope you loved experiencing the creativity and talent of our students.



MCKENZIE NEXT WEEK:

ANNUAL K - 12 STUDENT TRANSFER PROCESS (FEBRUARY 9-12, 2026)

The annual K-12 Student Transfer Process facilitates requests from students at any grade level to transfer to schools outside of a designated catchment. To apply, you must complete and submit a hard-copy transfer form during the K-12 Student Transfer Process week in February.

Transfer application forms will be added to this webpage on February 6 at 4:00pm for families to download and print. In addition, students can pick up a hardcopy from the school office **beginning February 9**. Students are to turn in completed transfer applications to their current school's office during the transfer period from February 9-12. Applications will be received until 3:00pm on Thursday, February 12. Transfer application forms will not be accepted at school offices prior to February 9. Transfer applications will be determined in accordance with student enrolment priorities and, therefore, there is **no advantage in submitting transfer applications early**. Please submit your application form at your convenience during the communicated dates.

Student Learning Survey for Grades 4, 7, 10, 11 and 12

Help us plan for the future – tell us about your education experience. Students in Grades 4, 7, 10, 11 and 12, their parents and all staff in B.C. public schools are invited to participate in an annual online satisfaction survey about their school experience.

[Link: Student Learning Survey](#)

PAC NEWS:

**You are invited to the McKenzie PAC meeting
Join us in the library or online
Wednesday, February 11, 2026
6:30 pm - 7:30 pm (PST)**

<https://teams.microsoft.com/meet/29248347643831?p=SMOvW94DwqQUutlISI>

Tap on the link or paste it in a browser to join.

Meeting agenda:

- Admin Update
- Treasurer's Update
- Events - family photo sessions, spring dance
 - Big projects - GAGA ball pit quote
- Parent Education – opportunities coming up from other schools
- Open PAC positions - looking for more members

Connect & Learn

Online Events for Parents & Caregivers

Every month, we host events for parents and caregivers of a child or youth with a mental health and/or substance use challenge.

Join us to watch a video and share experiences and strategies that help in the hard moments, focusing on strengthening our understanding and connection with our kids.



For Families: A Conversation About Eating Disorders

Knowing how to help our kids who are experiencing an eating disorder can be a terrifying, isolating and overwhelming experience. Learn about disordered eating, what to be aware of, the importance of connection, and strategies that help support recovery. Learn as Victoria Keddiss hosts a conversation with Eating Disorders Therapist & Educator Carmen Kaufmann, and Rylee McKinlay, a young person with lived experience, and Terri McKinlay, a parent with lived experience.

Join us and other families for this video presentation and discussion that's facilitated by a FamilySmart Parent Peer Support Worker.

- **COST:** Free
- **DATES:**

Times are in Pacific Time (most of B.C.)

- Wednesday, February 4, 6:30pm
- Thursday, February 19, 6:30pm
- Thursday, February 26, 6:30pm



Register online at
familysmart.ca/events



Connect & Learn

Online Event for Parents and Caregivers

Parenting ADHD Children A Neuro-Affirming Approach

Build a deeper understanding of how the ADHD brain works. Explore how some aspects of ADHD can act as a strength in certain situations, and a challenge in others. This event is designed for parents of school-aged children.



Join FamilySmart and Mary Klovance live online for an evening to learn neurodiversity-affirming communication strategies to reduce power struggles and strengthen connection. Parents will leave with tools they can use immediately, greater compassion for their child's nervous system, and a clearer roadmap for supporting their child.

Mary Klovance is an award-winning counsellor, author, and founder of The Neurodiversity Family Centre. She has over 14 years of front-line experience as a school counsellor and working with youth facing complex challenges. She is a Registered Clinical Counsellor and ADHD-Certified Clinical Services Provider.

- **DATE:** Wednesday, February 18, 2026
- **TIME:** 6:30 – 8:00pm (Pacific Time)
- **LOCATION:** On Zoom (online)
- **COST:** Free

With gratitude, FamilySmart would like to acknowledge the generosity of the Ministry of Children and Family Development for sponsoring this event.



Register online at
familysmart.ca/events



FamilySmart
Together-Centred

COMMUNITY SPORTS:

PROSPECT LAKE SPRING SOCCER



Spring is almost here
and registration is
now OPEN in PowerUp
for our 2026 PLSC
Spring Programs! From
fun-first programs to
skill development,
academies, camps, and
specialty training -
there's something for
every player



LAVRITZ PARK TURF FIELD

More Information
Plsc.org

GORGE SOCCER SPRING, SUMMER & FALL PROGRAMS

UNITED SOCCER YOUTH SPRING LEAGUE

*... because soccer should
be fun*

- APRIL 13 - JUNE 19
- AGES 4-17
- RECREATIONAL & COMPETITIVE DIVISIONS
- NO SCORES/STANDINGS
- LIMITED COACHING
- WARMER WEATHER, MUSIC, FUN

FREE 3 & 4 YEAR OLD SPRING SOCCER

- FREE PROGRAM
- APRIL 20 - JUNE 19
- AGES 3 & 4
- PARENT & TOTS PROGRAM
- PHYSICAL LITERACY AND SOCCER SKILLS
- SPONSORED SHIRTS
- NEIGHBOURHOOD BASED (MULTIPLE LOCATIONS)

GORGE 7'S ADULT SPRING LEAGUE

*... where soccer & social hour
meet*

- APRIL 13 - JUNE 19
- CENTRALLY LOCATED
- MULTIPLE MENS' + WOMENS' + COED DIVISION
- 10 WEEKLY GAMES
- CORPORATE TEAMS WELCOME
- BAR / CLUBHOUSE OPEN + FRIDAY SOCIALS/BBQ + WINDUP BBQ / BEER GARDEN

SUMMER & FALL PROGRAMS

- SPRING BREAK CAMPS
- SUMMER CAMPS
- FALL YOUTH SOCCER
- FALL ADULT SOCCER
- OVER-60 & WALKING SOCCER
- FUTSAL (INDOOR SOCCER)
- YOUTH ACADEMIES
- INDIVIDUAL SOCCER & ATHLETICS TRAINING

- Victoria's oldest fully integrated soccer club
- Programs available for all genders & ages - youth (3-17) & seniors (18-80)
- All skill levels
- Not limited by where you live
- Fantastic facilities (turf fields, clubhouse, office facilities).

GORGE SOCCER

For more details...

visit: www.gorgesoccer.ca

email: gm@gorgesoccer.ca



Have you heard of field hockey? Have you ever wanted to try it? Well now you can and FOR FREE!! If you have or know a youth participant aged 5-18 who would like to try a new sport for FREE we look forward to seeing you.

Victoria Junior Field Hockey League is hosting our annual Come Try the Game Free sessions at UVic on the water-based Lynne "Buzz" Beecroft Field on **Sunday, February 8, 2026.**

1:30-2:30 pm - Players Age 4-8

2:30-3:30 pm – Players age 9 and up

Please arrive 15 minutes early for your session so you can check in and get sized for a stick.

Both returning participants and new participants need to fill out this registration form so we can plan and have your e-mail to send you information on what to expect.

RSVP FOR THE COME TRY IT FREE DAY:

https://docs.google.com/forms/d/e/1FAIpQLSeOxpXKTXSLFEE_Vcoid4B2qNoyjc3RSioTin4lGzbWNIrswv/viewform

Things To Know :

Please bring shin pads and mouth guards if you have them. No cleats. Sticks, balls, coaching and fun will be provided.

For players aged 4-5, parents should feel confident that their child can fully participate and take instructions from coaches for 45-60 minutes without their parent beside them. Typically, children who are in kindergarten or ready to go into kindergarten in September 2026 find the most success. We will do our best to keep them engaged but we are unable to offer dedicated 1-on-1 support to participants for the length of the session unless there is an accessibility or learning challenge disclosed.

Note: if you love the sport, as we hope you do, online registration for the season that runs April to June will open at 7:00am on February 11, 2026. We anticipate girls' division U12 and younger to fill up fast.

Questions

Admin/Registration: info@victoriajuniorfieldhockey.ca

Field hockey specific questions: techdirector@victoriajuniorfieldhockey.ca

For more information please visit our website at victoriajuniorfieldhockey.ca or follow on instagram (@vjfha) or Facebook.