

Active & Safe Routes to School

McKenzie Elementary encourages students to walk or roll to and from school.



There are many reasons to choose active modes of transportation, and plenty of resources to help make your trip fun, easy and safe!

Results from the Active & Safe Routes to School survey

Many parents and children already enjoy walking or cycling to and from school.

The Active & Safe Routes to School (ASRtS) program highlights how many students are currently walking or cycling to school and recommends 'best routes' to take to the school. We hope you will choose to join them!

Increasing walking & cycling to school

Parents reported that they would let their child walk or bike to school if...

They lived closer to school



Their child was older



The child did not travel alone

Active & Safe Routes to School works with partners to identify infrastructure improvements and facilitate programming options to help alleviate parents' concerns

*Statistics based off 2016 Active & Safe Routes to School take-home surveys

Resources to plan active trips to and from school

Check out the [Capital Regional District's ASRTS webpage](#) to learn more about the goals of the program.

You can also visit the [District of Saanich site](#), or plan your next active travel trip to school below!

BEST ROUTES TO SCHOOL MAP

Available shortly! This map highlights the best walking and cycling routes to and from school based on safety and accessibility.

Biking

Biking to school? The [Capital Regional District's Bike Map](#) shows common bike routes and rates them by degree of difficulty and comfort level – perfect for planning your ride to school. View it online, print it out, or pick one up at the CRD office to keep on you while riding.



Biking is a great way to get around quickly and easily while building your child's confidence and physical literacy.

Check out these resources for biking to and from school:

- [Organize a Bicycle Train](#)
- [Cycling Safety Tips](#)
- ["How to Bike to School Safely" Video](#)
- [Skateboard and Scooter Safety Tips](#)

Walking

Walking is a great way to get exercise while traveling to and from school, and familiarizes your child with their local neighbourhood.



Check out these resources for walking to and from school:

- [Organize a Walking School Bus](#)
- [A Walking School Bus Story](#)
- [Pedestrian Safety Tips](#)
- [Why Walking to School is Better Than Driving](#)

Plan Your Trip by Transit

Public transit can be part of an active trip to school. A recent study by the University of British Columbia found that transit users are three times more likely to meet recommended Canadian fitness guidelines.



Visit the [BC Transit Trip Planner](#) to plan your best transit route to and from school. You can also [download route maps](#) and [view transit alerts](#) to help make your commute as smooth as possible.

Check out these resources for using public transit:

- [Public transit safety for kids](#)

- [Victoria Regional Transit Rider Info](#)
- [Family fares on BC Transit](#)
- [Why public transit is good for kids](#)

Carpooling and Drive-to-Five

If there is no way around it, and driving is a part of your commute to school, carpooling is a positive way to reduce emissions while sharing the task of driving and making connections in the community.

Drive-to-Five is an excellent option for students who must make part of their commute in a vehicle. If your school has Drive-to-Five locations, these are drop-off points that are a five-minute walk away from the school.

The Drive-to-Five method is a great way to be part of the solution to decreasing traffic congestion around the school (increasing school ground safety), and provides children with a chance to be active before school, better preparing them for learning in class.



TRAFFIC SAFETY IN THE SCHOOL ZONE

The school zone is a high-volume area where student safety is very important. All commuters, whether drivers, cyclists or pedestrians, must be aware and follow the rules in order to keep the school zone safe.

Check out these resources on school zone safety:

- [School Zone Safety Tips](#)

- [Driver Safety Awareness](#)
- [2016 ParticipACTION Report Card](#)

Your School's Travel Plan

Coming soon!

Your School Travel Plan is the document that outlines all of the efforts that have gone into improving infrastructure and encouraging students and families to plan active trips to school.

This document is a culmination of School Travel Planning efforts that began at McKenzie Elementary in September 2015.

Partners

