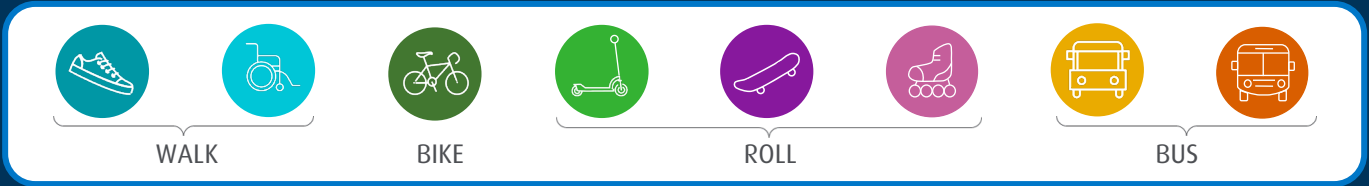



The overall **goal** of the CRD's Ready Step Roll initiative is to enable school communities to use active and sustainable transportation to/from school more often by reducing barriers in accessibility, safety, convenience and comfort.



There are many **benefits** of using active and sustainable transportation to/from school more often (all or part-way).

**HEALTH & WELL-BEING** 


- Support physical and mental health
- Decrease stress, anxiety and depression
- Encourage social interaction and improve social skills
- Promote lifelong healthy commuting habits

**ACADEMIC & LIFE-SKILLS** 

- Arrive energized and more able to concentrate
- Improve student learning and academic outcomes
- Cultivate decision-making, time and risk management skills
- Build confidence, capability, independence and autonomy

**PERSONAL & ROAD SAFETY** 

- Reduce traffic congestion
- Lower risk of collision and injury
- Practice valuable pedestrian, cycling and transit skills
- More eyes on the street with safety in numbers

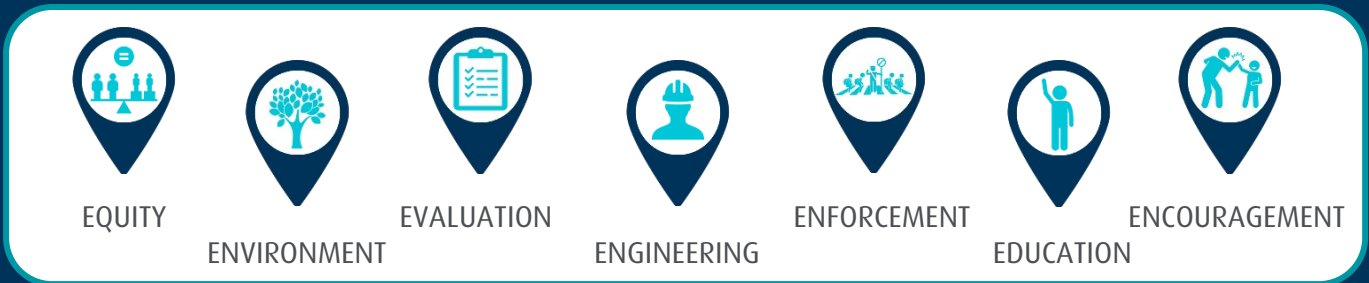
**COMMUNITY & HOUSEHOLD** 

- Save time and money
- Better understand the local area
- Increase sense of belonging and community connection
- Relieve pressure and stress from household routine

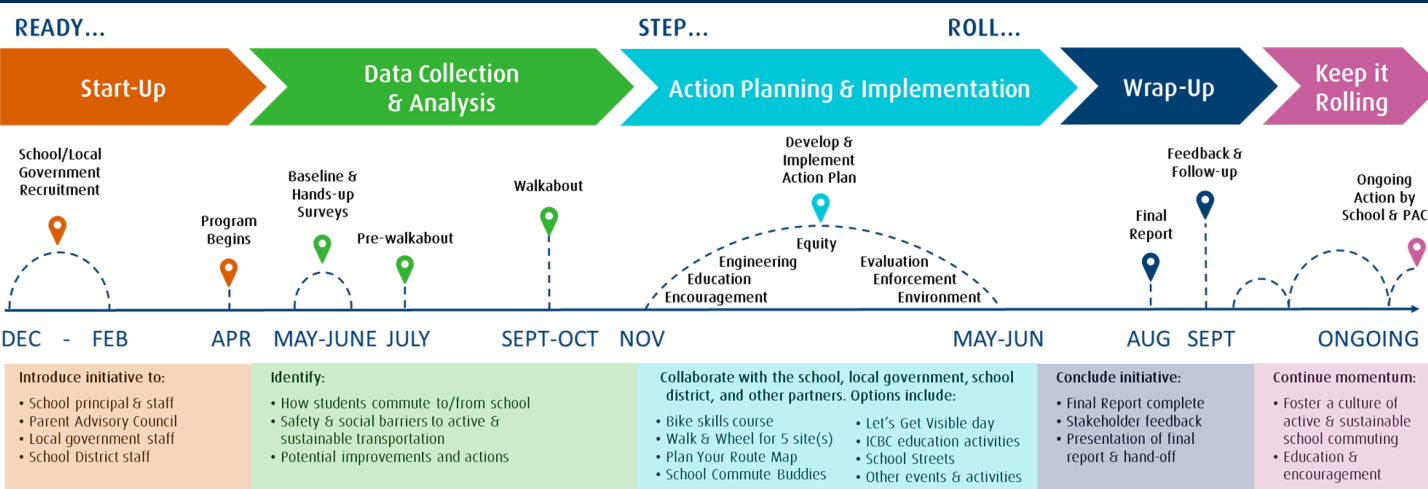
**CLIMATE ACTION & AIR QUALITY** 

- Lower environmental footprint
- Reduce vehicle greenhouse gas emissions
- Improve air quality by reducing air pollution
- Lower risk of lung and cardiovascular disease

Our comprehensive **7 E's approach** to sustainable school commute planning.



# LET'S GET ROLLING! Here's the general timeline of what to expect as an RSR school.



## KEY PARTNERS

### CRD

Facilitator and project manager of the Ready Step Roll (RSR) initiative.

### Local Government(s)

Provide local knowledge on street level infrastructure, assist in Action Plan development, evaluate and consider proposed solutions, support and/or undertake implementation and follow up with the school regarding safety improvements.

### School Administration & School District

Provide insight into school sites and bussing, evaluate and consider implementation of proposed solutions on school property and coordinate and support implementation of engagement, education and encouragement activities.

### School Community (Parents/Caregivers, PACs & Students)

Provide perspectives on the school-neighborhood, identify opportunities for improving safety during arrival and dismissal times, contribute to the action planning process, and coordinate and support the implementation of engagement, education and encouragement activities.

## RESOURCES FOR SCHOOLS

Participating schools receive several RSR resources, including but not limited to:

- Plan Your Route maps
- Walk and Wheel for 5 site(s)
- Action Plan and Final Report
- School Commute Buddies brochures
- Safety tips, celebration, education and encouragement events and activities





## 2024-25 Schedule and School/PAC Roles

	Activity/Milestone	Date	School Role
Start-Up	School application period	December 6, 2023 to February 28, 2024	Submit application
	Local government commitment due	Friday, March 15, 2024	N/A
	Applicant evaluation and selection	March 2024 (announced April 2024)	N/A
	Program launch	April 2024	Meeting between school & RSR staff; PAC meeting
Data Collection & Analysis	Baseline school commute survey	May/June 2024	Promote survey to families through school communication channels
	In-class student HandsUp! survey	May/June 2024	Facilitate HandsUp! survey in each classroom daily for one week
	School neighbourhood pre-walkabout	End of 2023/24 school year or start of 2024/25	Principal/Vice-Principal to attend ( <i>approx. 2 hours</i> )
	School neighbourhood walkabout	September/October 2024	Principal/Vice-Principal and PAC/parent representative to attend ( <i>approx. 2 hours</i> )
	Data analysis (RSR staff)	June – October 2024	N/A
Action Planning & Implementation	Draft action plan	Fall 2024 – Winter 2025	Communication between school, PAC and RSR staff during draft development
	Draft plan your route map	Winter 2024/2025	
	Education/Encouragement/Equity activities and/or events	Fall 2024 to June 2025	Principal/Vice-Principal and PAC to coordinate, promote and implement activities/events with RSR staff support
	Finalize Action Plan and Plan Your Route map	Fall 2025	Communication between school, PAC and RSR staff to finalize drafts
Wrap-Up & Keep Rolling	Program close	Fall 2025	Receive final report and presentation; Distribute Plan Your Route brochures
	Ongoing action implementation	Fall 2025 onwards	School encouraged to continue momentum built through RSR initiative