

WEB SITES / LINKS

* www.southislandchild.ca

New and Amazing; Family Resource Guide. It offers tools, resources, supports, drop-ins, and over 200 centres for families with young children.

- * CRD Parks /Trail maps
 User friendly Trail guides and map
- * Saanich Parks and Recreation www.saanich.ca/parks/parksrec You will find the Active living guide and lists of Nature trails and Beaches
- *City of Victoria Active living guide http://www.victoria.ca/EN/main/departments/parks-rec-culture/facilities/active-living-guide.html
- *Victoria parks see
 http://webvictoria.com/parks/
 For a listing of the area parks and maps
- * Victoria Events Calendar
- *Island Parent online (formally kids in Victoria)
- * Childs Play 101
- * Chatterblock
- * Events in Victoria
- * Check out your local Recreation Centers (Drop-in Playgroups, Gym Times and Family Events throughout the summer)

COMMUNITY DROP INNS / PLAYGROUPS

(check for summer hours)

Saanich Neighbourhood Place, Pearkes Rec. Centre 3100 Tillicum Road, 250 360 1148 www.saanichneighbourhoodplace.com

Burnside Gorge Community Centre 484 Cecilia, 250 388 5251 www.burnsidegorge.ca

Esquimalt Neighbourhood House 511 Constance Ave. 250 385 2635 www.enh.bc.ca

Blanshard Community Centre 901 Kings Rd, 250 3887696 www.clanshardcc.com

Fernwood Neighbourhood Resource 1240 Gladstone Ave 250 381 1552 www.fernwoodneighbourhood.ca

Fairfield Community Association 1330 Fairfield Rd. 250 382 4604 www.fairfieldcommunity.ca

James Bay Community Project 547 Michigan St. 250 388 7844 www.jbcp.bc.ca

Quadra Village Community Centre 901 King Rd. 250 388 7696 www.quadravillagecc.com

* Esquimalt Recreation Centre https://www.esquimalt.ca/parks-recreation





Preschool in the park

(1mth – 6yrs) Cancelled if raining by 9:30 10am – 11:30

Music 2018 in the Park

Google music in the park, it will help you find the locations of the events and there schedules.

Outdoor Movies all summer

Check out outdoor movie schedules in Victoria on Chatter Block (Family showings and Adult Shows)

Maritime Museum of BC

Explore the sea while on land Bastion Sq. 250 385 4222 mmbc.bc.ca (maps and reviews)

Fort Rodd Hill and Fisgard Lighthouse

See Canada's oldest West Coast Lighthouse 603 Fort Rodd Hill Rd. Take a picnic and make a day of exploring the meadows, beaches and stunning ocean views

Royal Roads

Has great trails and beach access (Beautiful walks)

Remember Saanich alone has over 57 playgrounds (list on Saanich's Website) Check out Gyro Parks New Zip Line..

WATER PARKS

Beckwith Water Park & Playground 857 Beckwith St. off Quadra Bus # 6

Carnarvon Rotary Water Park, 2801 Henderson Rd, Oak Bay. Bus # 4

The Water Park at Beacon Hill Bus # 30, 31 Beacon Hill Park

Esquimalt Adventure water Park 543 Fraser St.

Centennial Park 2805 Carlow Rd.

NATURE HOUSES

Frances King Nature House Munn Rd. Saanich

Beaver Lake Nature Centre (Beaver lake; off Elk lake rd.) (315) 638-2519

Witty's Lagoon nature Centre (Matchosin Rd.) 250 474-PARKS

Swan Lake Nature house 3873 Swan Lake Rd.

Gold Stream Nature house Gold Stream Park

Beacon Hill Park and Petting Zoo 10 am- 5pm (Goat Stampede)

Gorge Waterway Nature House Esquimalt Gorge Park – Tillicum Rd.



- 1. Pop bottle sprinkler: take a lg. Pop bottle and poke holes and fill with water and hang from tree or have fun and play with it.
- 2. Spray bottle painting: fill spray bottles with coloured water and spray paper or concrete.
- Millet Bin if it spills if grows like grass and also feeds the birds. (Sensory Ideas)
- 4. Chalk
- 5. Sand Art and glue at Beach
- 6. Scavenger Hunts at the Beach or in the Forest. (Google Scavenger hunts printable and you will find lots of ideas you can copy)
- 7. Pasta necklaces (colour pasta in a small bag with food colour and set out for a few hours to dry on cookie sheet.) Or Fruit Loop necklaces (snack and play)
- 8. Painting Rocks, Sticks and Shells after a hike or walk..
- Check out the `Minute To Win It` web site, lots of fun activities for all ages.
- 10. Ring toss, you can use water bottles and glow stick necklaces. Great at night or camping. (Put a glow stick in water bottles and toss the glow stick necklaces around the bottle.)

DON'T FORGET TO CHECK OUT YOUR PUBLIC LIBRARIES FOR FUN SUMMER READING AND STORY TIMES.

http://events.gvpl.ca/eventcalendar.asp

Parks with washrooms

Year round:

Cadboro-Gyro, Mt. Douglas, Craigflower and Beckwith Parks

Open seasonally May to Oct.

Playfair, Cordova Bay, Majestic and Maynard Parks

Seasonal Porta Potties

Ruthledge, Braefoot, McMinn, Whitehead, Echo, Lambrick and Gorge Water Way

Check out StrongStarts & donna-lynn thorpe's Pinterest sites for more Summer Fun and Early Learning ideas.

The StrongStart Staff (Renee, Brenda, Cheryl, Kristin, Bhamini and Donna-Lynn) want to wish you and your family a safe and happy holiday. Thank you for another successful year.

Please check out school district 61 website, under StrongStart to confirm opening dates. Opening will happen in the first few weeks of September. Start dates have not been confirmed yet.

