



# McKenzie Elementary

4005 Raymond Street North, Victoria, B.C. V8Z 4K9 Tel: (250) 479-1691 Fax: (250) 479-5285

School Website: <http://www.sd61.bc.ca/school/mckenzie/> Attendance: attendance27@sd61.bc.ca

NEW

## MISSION STATEMENT

The mission of McKenzie School is, in partnership with parents and the community, to build a strong foundation of knowledge, skills and attitudes in our students.

## FRIDAY, October 5, 2017

### IMPORTANT DATES TO NOTE

- ♦ Monday, October 9 Thanksgiving Day Stat Holiday—School is not in session
- ♦ Tuesday, October 10 Photo Day—Whole School Individual Photos  
X Country—Lambrick Park
- ♦ Wednesday, October 11 PAC Meeting—6:30 p.m. in the Library—Hope to see you there
- ♦ Friday, October 13 PAC Special Food Day—Subway
- ♦ Monday, October 16 X Country—Clover Point
- ♦ Thursday October 19 PAC Movie Night—all welcome, families too
- ♦ Friday, October 20 **Pro-D Day—School is not in session**
- ♦ Monday, October 23 X Country FINAL 1:00 Beacon Hill
- ♦ Tuesday, October 31 Black and Orange Day—no costumes please

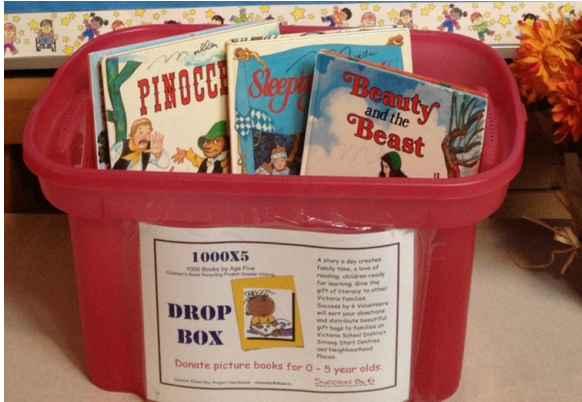
### A Message from our Principal:

This week I had the opportunity to join with three classes on their Nature Walks for Walking Wednesday. Getting students into nature is a wonderful way to start the day. It was a cool crisp morning but not a complaint was heard. Buddy classes in grades two and five joined together to collect leaves from the ground for an art project. It was wonderful to hear the chatter along the path-way through the Colquitz River Park. Along the way, we met up with a Kindergarten class who were out listening to the sounds of nature. Everyone was excited to see their friends enjoying the park. Although we are always encouraging the use of technology to support learning it is also important to remember that play and exploring the great outdoors is a perfect way to encourage learning and to develop important life skills. This Thanksgiving week-end, I hope that you are able to get outside and enjoy our beautiful neighbourhood. Happy Thanksgiving to all of our McKenzie families.

Joanna Snow,  
Principal



# 1000X5 Books Part of October Fun



As you prepare for the end of the month celebrations with fun costumes and food, can you find a minute to locate 3 gently used books for babies and toddlers and drop them off in the pink bin in the main entrance. These books will entertain and enrich wee ones long after the October fun has ended.

**140,000 books in 6.5 years!!**

Student Back Pack—**FREE**, includes extra school supplies. Come to the office for one!



## Crosswalks at McKenzie Elementary

Our Crossing Guards work hard to provide you with safe ways to cross the road to get to and from school. It is important that as parents you model using the crosswalk and encourage your children to use the crosswalks that are supported with our crossing guards. Student safety is of the utmost importance and we want to ensure that all of our students are safe during their walk to school.

Thanks for your support!



Thank you to the families who have sent in the money for your child's agenda book. There are a number of families who have not yet sent in \$7.00. Please submit your funds online on the school web page or send in cash or cheque. Be sure to have your child's name included.





## Drill practices

Each month throughout the school year, we practice a different drill in the school. There are a variety of drills that we practice and all are designed to ensure student safety in the event of an emergency. We practice fire and earthquake drills as well as lockdown and hold and secure drills. As with anything, the more we practice the better we will be at completing it successfully. This week we practiced a lockdown drill. A lockdown drill prepares students and staff in the event of an intruder in the school. In light of recent tragedies in Edmonton and Las Vegas, we kept our lockdown drill very routine and emphasized the process rather than the reasons we may have a lockdown. Our school police liaison officer and several other members of the Saanich Police department attended our drill and were happy with the process we went through.



## Soccer Jamboree:

On October 26 from 12:45 – 2:30 we will be joining with the rest of the Spectrum Family of Elementary Schools at Beckwith Park for our annual Soccer Jamboree for grades 3, 4 & 5 students. (Last year the fields were closed and the jamboree was cancelled!) If your child is interested in joining the soccer jamboree team, please remind them to listen to the announcements next week for practice times with Mr. Galhon!





## NEWS FROM THE PAC

Movie Night October 19. Doors open at 5:30. Movie at 6:00 The movie is Disney Nature's "Made in China."

Concession with pizza, chips, cookies, and water available. Admission suggested donation \$2 per person.

*This is a family event, and a responsible adult must attend with children.*

### **Guest Speaker Event...**

At our November PAC meeting, Wednesday November 8, 6:00 - 8:00 we will be hosting a guest speaker. Julie-Anne Richards frequently provides both parent education and teacher /administrator training sessions throughout British Columbia, specializing in the area of child/youth anxiety. The Parent Presentation is 1 ½ hours followed by a half hour Q&A. This presentation focuses on common mistakes made when addressing anxiety and teaches effective (and empirically-grounded) treatment strategies for helping anxious children in both home and school environments.

All parents are welcome in the gym at McKenzie Elementary. This event will be open to other schools as well. Please watch for an Eventbrite link or poster in your email inbox. Child minding will be available on-site for children.

Do you shop at **Country Grocer**? If so, please save your receipts and bring them to the school to place in "Juggie" the receipt eater outside the main office. The PAC receives 3% back in gift cards when we turn them in.



**Campbell's Labels for Education:** Please save Campbell's labels and bring them in to the jug by the office. The "Labels for Education" Program includes Campbell's and Habitant soups, Prego pasta sauce, Pace salsa, Goldfish crackers, and V-8 vegetable cocktail. In the past our PAC has used the proceeds from the labels to buy gym equipment for our school. Please



Note: Effective January 1st, only products with the Labels for Education logo (pencil with Canadian flag on it) are eligible. Please include the whole label, which will have the UPC code and Labels for Education logo.

### **McKenzie Clothing Exchange**

Are your children outgrowing all their clothes? Can't keep up to the costs of everything they need? The McKenzie PAC's clothing exchange can help! Located in the boys' change room just off the Demers Gym, you can select clothes for your kids free of charge.

If you've been before, you should check it out again. It has grown, and we now have hundreds of gently-used pants, shirts, pajamas, hoodies, jackets, shorts, dresses, and shoes. Some are even brand-name or new with tags. Please consider donating your quality used clothing and child-size hangers to the exchange, and we're always looking for volunteers to help us maintain the exchange. For access to the change room, please go to the office and ask a staff member to let you in.



# CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



Presentation and Discussion By:

**Julie-Anne Richards, M.A., R.C.C., C.C.C.**

Registered Clinical Counselor, Psycho-educational Consultant

[www.JulieAnneRichards.com](http://www.JulieAnneRichards.com)

Wednesday, November 8

6:00-8:00 pm

**McKENZIE**

**ELEMENTARY**

4005 Raymond St N, Victoria  
Including Eagle View, Marigold,  
Northridge, Strawberry Vale &  
Tillicum Elementaries

Tailored for Parents,  
Caregivers and Educators  
supporting children  
ages 5 - 11 experiencing  
stress & anxiety

Presentation with Q&A to  
Follow

## Free Event!

**REGISTRATION REQUIRED** (Click to Register)

<https://www.eventbrite.com/e/childhood-anxiety-presentation-tickets-38093601989>

Event Hosted by: McKenzie Elementary, limited childminding available  
by donation please register

Funded by the Eric Palmer Foundation [www.ericfoundation.com](http://www.ericfoundation.com)